



ELEMENTARY SCHOOL CLASSROOM MENU GRADES PreK-6 May 2021

		Lunch entree symbols: Đ = Dairy-free							
TWO AT BREAKFAST:		<> = Meatless							
Assorted Cereal (20-25g) or Graham Cracker (19g) and Yogurt (14g) or Cheese Stick (1g) Apple juice (14g) and fruit are served at breakfast also. 1% low fat white milk (12g) or skim chocolate milk (24g) are offered at		* bread (12g) or heat-n-serve grain Pork, seafood, and nut-containing products are not offered. Grams of carbohydrate for each food are listed as (g). Ingredient and other nutrition information available <u>online</u> at: CCSOH.US>Food Services and Menus>Itemized Food List Menu is subject to change.							
					meals.		This institution is an equal opportunity provider, employer, and lender.		
					A complete breakfast and lunc	=	,		
					5/10 Cohort A MONDAY Lunch	5/11 Cohort A TUESDAY Lunch	5/12 WEDNESDAY	5/13 Cohort B THURSDAY Lunch	5/14 Cohort B FRIDAY Lunch
					• Chicken Nuggets (13g) Đ	• Pepperoni Pizza (28g)	NO CLASSES AT	• Chicken Nuggets (13g) Đ	• Pepperoni Pizza (28g)
					or	or	SCHOOL	or	or
 Bean Dip (12g) & 	• Sun Butter (14g) &		 Bean Dip (12g) & 	 Sun Butter (14g) & Jelly 					
Cheese (2g) & Cheez-its	Jelly (9g) & Bagel	Pick up 5-day	Cheese (2g) & Cheez-its	(9g) & Bagel (26g) <> Đ					
(14g) & *Bread <>	(26g) <> Đ	meal pack at a	(14g) & *Bread <>						
Vegetable and Fruit	Vegetable and Fruit	Fuel Up site.	Vegetable and Fruit	Vegetable and Fruit					
5/17 Cohort A MONDAY Lunch	5/18 Cohort A TUESDAY Lunch	5/19 WEDNESDAY	5/20 Cohort B THURSDAY Lunch	5/21 Cohort B FRIDAY Lunch					
Turkey Ham and Cheese	Macaroni and Cheese	NO CLASSES AT	Turkey Ham and Cheese	Macaroni and Cheese					
on Bun (27g)	(31g) & Bread <>		on Bun (27g)	(31g) & Bread <>					
or	or	SCHOOL	or	or					
 Peeps {hard-boiled 		Pick up 5-day	 Peeps {hard-boiled 	Turkey Sticks (0g) &					
eggs} (2g) € <> &	● Turkey Sticks (0g) & Tortilla Strips (23g) Đ	meal pack at a	eggs} (2g) Đ <> &	Tortilla Strips (23g) D &					
*Bread	& *Bread	Fuel Up site.	*Bread	*Bread					
Vegetable and Fruit	Vegetable and Fruit	•	Vegetable and Fruit	Vegetable and Fruit					

WEEKS 2 & 3

CCS Food Services 5/24/2021





ELEMENTARY SCHOOL CLASSROOM MENU GRADES PreK-6

May/June 2021							
TWO AT BREAKFAST:Assorted Cereal (20-25g) or Graham Cracker (19g)and Yogurt (14g) or Cheese Stick (1g)Apple juice (14g) and fruit are served at breakfast also. 1% lowfat white milk (12g) or skim chocolate milk (24g) are offered at meals.A complete breakfast and lunch are FREE to every student!!		Lunch entree symbols: Đ = Dairy-free <> = Meatless * bread (12g) or heat-n-serve grain Pork, seafood, and nut-containing products are not offered. Grams of carbohydrate for each food are listed as (g). Ingredient and other nutrition information available <u>online</u> at: CCSOH.US>Food Services and Menus>Itemized Food List Menu is subject to change. This institution is an equal opportunity provider, employer, and lender.					
5/24 Cohort A MONDAY Lunch	5/25 Cohort A TUESDAY Lunch	5/26 WEDNESDAY	5/27 Cohort B THURSDAY Lunch	5/28 Cohort B FRIDAY Lunch			
 Cheese Pizza (27g) <> or Peeps {hard-boiled eggs} Đ <> (2g) & *Bread 	 Hamburger on Bun (20g) Đ or Cheese (2g) & Soft Pretzel (30g) <> 	NO CLASSES AT SCHOOL Pick up 5-day meal pack at a	 Cheese Pizza (27g) <> or Peeps {hard-boiled eggs} Ð <> (2g) & *Bread 	 Hamburger on Bun (20g) Đ or Cheese (2g) & Soft Pretzel (30g) <> 			
Vegetable and Fruit	Vegetable and Fruit	Fuel Up site.	Vegetable and Fruit	Vegetable and Fruit			
5/31 Cohort A MONDAY Lunch	6/1 Cohort A TUESDAY Lunch	6/2 WEDNESDAY	6/3 Cohort B THURSDAY Lunch	6/4 Cohort B FRIDAY Lunch			
MEMORIAL DAY MEMORIAL DAY NO SCHOOL	 WOW Sandwich (55g) <> with Picnic Cold Pack 	NO CLASSES AT SCHOOL	 WOW Sandwich (55g) <> with Picnic Cold Pack 	NO SCHOOL HAVE A FUN SUMMER!			

WEEKS 4 & 5